



**Avghi Constantinides**, D.Hom, HMC, MA is a professional Homeopath from London in practice in California. She holds a Bachelors of Science in Nutrition, a Masters Degree in Homeopathy and Advanced Clinical Homeopathy, Diploma in Homeopathy and is a Homeopathic Master Clinician. She has been guest speaker on radio & TV shows. She has studied with some of the most renowned prominent homeopaths in the world, including Rajan Sankaran, Jan Scholten and Louis Klein. Avghi and Louis Klein are the co-founders of Los Angeles School of Homeopathy. Louis Klein says "Avghi is one of the best homeopaths California has to offer"

I invite you to explore what homeopathy can do for you.

Stay well,

*Avghi*

Homeopathy restores the immune system/vital force by treating the entire person, not just the symptoms.

Homeopathy the safe Alternative

Because your children and unborn child deserve a safe and natural alternative to their health...



**Homeopathy For Life**  
**Visit the website!**  
**[www.homeopathyforlife.com](http://www.homeopathyforlife.com)**

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## *Pregnancy & Children*



- Is your child taking medication for ADD or ADHD?
- Are you relying on over the counter medications to fight your child's allergies?
- Does your child catch every flu, bug or virus that goes around?
- Are you concerned that the antibiotics may be too harsh for your unborn baby or your child.
- Do you or your child take a medication daily?
- Do you worry about the harmful side effects from over the counter & prescription medication may cause harm to your unborn baby?



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## What is Homeopathy?

Homeopathy is a natural system of healing that works by using a small dose of a substance to help stimulate the body's healing forces. Homeopathy is an effective & safe treatment that is gentle yet extremely effective when used properly. Homeopathy is based on the principle of the "law of similars." In other words, a substance that could cause symptoms in large amounts can facilitate healing in minute homeopathic doses.



## How Homeopathy works

The homeopathic remedy Allium Cepa (Red Onion) is used to treat a runny nose and watery, burning, itchy eyes that occur with a cold or hay fever, the very symptoms it would cause if one were cutting a red onion.



## Strengthening the Constitution

A child with a strong constitution can bounce back quickly from viruses, they get sick less. We are each born with a constitution that is individual to us and which contains weaknesses and strengths inherited from our ancestors. By strengthening the immune system/vital force it helps to ward off colds, flu's, bugs and many other germs that little ones pick up.

## Children

After treatment with homeopathic remedies, you may notice that: Your child begins to blossom into the child he or she should be. Your child's resistance to illness is increased. You no longer feel guilty about having a "sick child." You'll feel better about how you're treating your child. Imagine the difference this can make to your family life. During the homeopathic intake many parents learn so much more about their children, its priceless.



## Infants

Has your sweet bundle developed colic, a skin rash, upper respiratory infection, or an ear infection. You have tried some other medical choices but they did not work. Your baby wakes at 5am with a high fever, what do you do, what are your choices? You want to use something that is effect but also safe at the same time.



## Pregnancy

During Pregnancy you may need medical help but don't want to use harmful drugs. Throughout pregnancy homeopathy helps alleviate the physical and emotional ailments that appear in 1st, 2nd & 3rd trimesters. Homeopathy can also help you through the nausea and emotional swings, that often accompany pregnancy. Homeopathy can support you through labor and childbirth too.

## Testimonials

Avghi helped me through a challenging emotional transition that had difficult physical affects. With great care, she helped me to shed those layers and soon after I became pregnant with my first child. During the pregnancy, she continues to help with the emotional and physical challenges as they arise. Pregnant women will attest, heightened sensitivities to the world when pregnant are remarkable. The Bach Flower remedy combination Avghi prescribed have made a tremendous difference in my ability to feel safe while keep intact the necessary primal instinct to protect the baby.. T.J. Venice

My 2 year old son has been sick for most of his life, always getting ear infections, colds, the flu, and coughs. He does not sleep well at night and has problems with his bowel movements. A few months working with Avghi I was amazed at the change my son has gone through. He is no longer getting sick each month, sleeping better, can go to the bathroom with no problems each day. He is so much happier and so am I. And no more ear infections. P. W. Culver City

I was in my first trimester with horrible morning sickness, Avghi helped immensely as well as my many fears that I had during my pregnancy. Now she is helping me transition into motherhood and all the hormone imbalances as well as my anxieties and taking care of my newborn. She also keeps my 5-year-old son healthy too. M.C. Santa Monica

My 9-year-old son had trouble concentrating in school, last year his teacher came to me and suggested that he should be on Ritalin, I sought out Avghi knowing that homeopathy is very affective and not harmful or additive. Today he excels in school, has many friends, the teachers sing his praises and his grades have improved. L. M. Woodland Hills

**Homeopathy an alternative  
medicine that is safe & effective.**

**For further information  
Call (310) 279-5010**

**See Web site for more testimonials  
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