

Remedy Information

Influenzinum

The homeopathic Influenzinum remedy is formulated to target the same flu strains as the CDC vaccine each year. It is very effective and is not harmful to the body.

Suggested Dose:

- 4 pellets under the tongue = 1 dose
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue
- Take one dose once a week in the evening
- Take extra doses if you are around people who have the flu or in a crowd/plane/concert etc.
- Repeat weekly until we are clear of Flu and Covid season

Briar Rose

A great gemmotherapy remedy for upper respiratory issues. It is very safe for children to use, helps strengthen a child's immune system, and can also be used for adults who have weak respiratory issues. It is particularly helpful for those winter colds. I use this as a preventive 2-3 times a week as needed during cold and flu season. This remedy helps with issues of the upper respiratory system such as ear infections, runny nose and congestion, sore throat, sinus infections, headaches, and migraines caused by allergies.

Suggested Dose:

- Shake well before each use & keep in fridge
- 2 sprays directly under the tongue is 1 dose
- Infants - ½ dose (1 spray)
- Children 3 to 12 years old - 1 dose (2 sprays)
- Older children and adults - 1 dose (2 sprays)
- Use 2 to 3 times per week or daily during acute illness

Thymulinum

Our immune system is supported by T-cells (T lymphocytes), a type of white blood cell that fight infections and boost immunity. Think of them as our knights in shining armor battling off viruses and infections. The remedy Thymulinum used alongside Influenzinum can help boost your immune system and ward off flu and other infections during winter months.

Suggested Dose:

- 4 pellets under the tongue = 1 dose
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue
- Take one dose once a week in the evening
- Take extra doses if you are around people who have the flu or in a crowd/plane/concert etc.
- Repeat weekly until we are clear of Flu and Covid season

Sleep

Have difficulty falling asleep or staying asleep. Try this Homeopathic Remedy before bedtime.

- 4 pellets under the tongue = 1 dose
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue

Vaccinosis Cream or Pellets

For those who find that their bodies are sensitive to vaccines, look no further! Our Vaccinosis Cream and Vaccinosis Pellets can help reduce the potential adverse effects of vaccines.

Suggested Dose for Cream:

- Apply to area of reaction two times a day until reaction has subsided

Suggested Dose for Pellets:

- 4 pellets under the tongue = 1 dose
- Take two times daily for seven days
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue

Pain and Inflammation Cream or Pellets

Helps reduce pain and inflammation after surgery or injury.

Suggested Dose for Pellets:

- 4 pellets under the tongue is one dose
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue
- First 3 days after surgery, take every 2 hours, then every 3 to 4 hours for the next 7 days.
- Continue 2-3 times a day for 2 weeks or until pain subsides

Suggested Dose for Cream:

- Cream can be applied to the closed wound
- Apply and massage to closed wound two times a day as needed

Scar Formula Cream or Pellets

Helps heal scars from surgical and skin wounds.

Suggested Dose for Pellets:

- 4 pellets under the tongue is one dose
- Nothing in the mouth 15 minutes before or after
- DO NOT TOUCH the pellets. Tip 4 pellets into the cap, tip them under the tongue
- For the first 3 days after surgery take one dose every 2 hours, then take one dose every 3 to 4 hours for the next 7 days.
- Continue 2-3 times a day for 2 weeks or until scar has healed

Suggested Dose for Cream:

- Cream can be applied to the closed wound.
- Apply and massage to scar two times a day until scar has healed

Please note: These are suggestions only. Consult your healthcare provider first, then contact your homeopath. Homeopathy works best with individualized treatment. These remedies are safe for all ages.